

Questions/Indications for Medical Necessity

**** See the Xolair Policy (Pharmacy-57) for full Prior Authorization criteria ****

Select One of The Following Diagnoses:

- ☐ Asthma
☐ Urticaria

- ☐ Nasal Polyps
☐ Other: _____

1. ****Please submit patient progress notes with all requests.** Also, provide detail regarding sample medications given, including date and quantity supplied. For recertification requests, please submit documentation of objective assessment of response to medication (e.g., asthma: reduction in exacerbation frequency. Urticaria: decreased size/number of hives. Nasal polyps: decreased size of nasal polyps, improved breathing/smell).

2. Is the patient a ☐ Smoke ☐ Non-Smoker (Non-Smoker defined as not smoked tobacco in the past six (6) months) ☐ Yes ☐ No

Asthma

1. What is the patient's baseline IgE level? _____ IU/ml Date: _____ ☐ Yes ☐ No

2. Was aeroallergen skin test completed? Submit copy of test results documenting evidence of at least 1 perennial aeroallergen by skin test (e.g., prick/puncture test) or **blood test (e.g., RAST class 2 or greater)** ☐ Yes ☐ No

3. Has the patient had at least 2 asthma exacerbations requiring medical intervention within the preceding 12 months? ☐ Yes ☐ No
 (*Provide progress notes to document the **dates and nature of interventions**)

- ☐ unscheduled doctor visits
☐ urgent care visits

- ☐ documented acute systemic steroids
☐ emergency room visits/hospital admissions

Chronic Rhinosinusitis with Nasal Polyps (CRSwNP)

1. What is the patient's baseline IgE level? _____ IU/ml Date: _____

2. Has the patient's condition lasted for at least 12 weeks? ☐ Yes ☐ No

3. Will Xolair be used with an inhaled nasal steroid. If yes, provide drug name: _____ ☐ Yes ☐ No

4. ***Note all previous therapies below and submit progress notes demonstrating evidence of nasal polyps ≥12 weeks.** (Include details for each course (Ex. Prednisone 40mg daily and taper as directed for 15 days)) and plan for continued therapy with intranasal corticosteroids.

Nasal & Oral Steroid Use	Strength & Dosing	Period of use		Outcomes
		Start:	End:	
		Start:	End:	
		Start:	End:	
Prior Surgeries	Dates			Outcomes

Urticaria Diagnosis

1. Has the patient's condition lasted for at least 6 weeks? ☐ Yes ☐ No

2. Indicate current & previous treatments with progress notes* for this indication

Drug Name	Strength & Dosing	Period of use	Outcomes
		Start: End:	
		Start: End:	

Food Allergies

1. What is the patient's baseline IgE level? _____ IU/ml Date: _____

2. Does the patient have a confirmed diagnosis of an IgE- mediated food allergy? Please provide skin testing or IgE blood testing from the past 12 months to confirm. ☐ Yes ☐ No

3. Does the patient have documentation of occurrence of significant allergic symptoms (e.g., moderate to severe skin, respiratory or gastrointestinal symptoms, etc.) when exposed to applicable allergens? Please provide documentation. ☐ Yes ☐ No

4. Will Xolair be used in conjunction with food allergen avoidance? ☐ Yes ☐ No

Provide Other Comments/Clinical Justification:

****ATTACH CLINICAL NOTES RELATED TO THIS REQUEST. IF DOCUMENTATION IS NOT PROVIDED, IT MAY DELAY THE REQUEST.****

*Prescriber Signature: _____ Date: _____

I certify the above is true and accurate to the best of my knowledge